

Are Your Dry Eyes Troubling You?  
Are They Undertreated?

**Dry Eye Checklist**

- Blurry vision
- Redness
- Burning
- Itching
- Stringy mucus in or around eyes
- Light sensitivity
- Watery eyes
- Tired eyes
- Foreign body sensation

**Risk Factors**

A modern lifestyle including smart phone and computer usage:

- Air-conditioning
- Contact lenses
- Air pollution

Dry eyes are usually caused by **Meibomian Glands Dysfunction (MGD)** and **Blepharitis**.



Blepharitis      Normal

Treatment Available:

**1) E-Eye / IRPL**

*(Intense Regulated Pulsed Light)*

A new revolutionary device for the treatment of dry eyes due to blepharitis / meibomian gland dysfunction (MGD).

**How does E-Eye work?**

Our tear film consists of 3 layers- mucin, aqueous and lipid (oil).



The function of E-Eye is to stimulate the meibomian glands to produce better quality oil into our tear film and restores a smooth tear film surface.

How Many Treatments Are Required?

3 treatment sessions will be needed and conducted on day 1, day 14 and day 45. In some cases, a 4<sup>th</sup> treatment might be needed (day 75).

Why E-Eye?

- Painless
- Non invasive
- Short treatment time
- Reduces dependency on eye drops
- Long term relief

**2) Blephex**

Blephex is a new treatment for Blepharitis.

**How Does It Work?**

It is a painless procedure which uses a micro sponge that rotates to remove excess bacteria, biofilm and toxins on the lid margin.



How Is Blephex Different Compare To Traditional Treatments?

- Thorough and precise elimination of irritants
- Non invasive procedure
- Improve overall health of the eyelid

Steps Toward Relief Of Dry Eyes

**Proper Diagnosis Is The 1<sup>st</sup> Step**

**Tear Lab** is a device used to measure the severity of your dry eyes. It's the only test that measures tear osmolarity and provide objective assessment of your tear quality.

